

North Star Ballet School & Company

PARENT & STUDENT HANDBOOK

2017 – 2018



North Star Ballet
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INTRODUCTION TO NORTH STAR BALLET

Welcome to the North Star Ballet School (NSB). In this Handbook you will find information that will help you understand how the School functions and how to take advantage of the programs and services it offers.

MISSION

The North Star Ballet is a non-profit, educational organization established in 1980 whose mission is to provide artistic opportunities for dancers and audiences in Interior Alaska by promoting outstanding dance education and performance. A volunteer Board of Trustees governs both the Company and the School. In addition to overseeing the operations of the organization the Board of Trustees is charged with raising funds to assist in keeping the programs affordable. The NSB is supported by a mix of earned revenue and contributions.

The NSB admits students of any race, color, sexual orientation, national, and ethnic origin to all the programs and activities made available to students at the School.

SCHOOL PHILOSOPHY

“Dance education is a medium of enhancing the quality of life for children, youth and adults. Every human being has the right to move in ways that are primal, expressive, imaginative, and transformational” (*Dance as Education. Reston, VA: National Dance Association*).

Dance is a way of perceiving, a body of knowledge, and a personal and social experience. The act of dancing is not mindless doing, but involves exploration, focus, commitment, self-understanding and understanding others. Quality dance education beginning in early childhood and continuing through adulthood benefits the individual’s body, mind, and spirit and provides a means of fully perceiving the world, communicating with others and understanding the body in which we reside. Dance is important in the education of every child, regardless of whether or he or she pursues a career in dance. The North Star Ballet School provides dance education through a comprehensive, sequential curriculum with highly qualified professional faculty.

PROGRAMS

CREATIVE MOVEMENT

The Creative Movement Program uses a core process of doing, perceiving, knowing, understanding, creating and evaluating. Activities present the uniqueness of each child in a non-competitive way while providing a full body involvement in a vigorous and enjoyable activity. The Program brings a child into contact with other children in an atmosphere of exploration that requires discipline, cooperation, and interaction. Based on natural movement targeted in a developmentally appropriate manner, the program uses basic dance concepts of tempo, level, direction, range of motion, spatial pathways and dynamics to develop critical thinking, motor skills, self-awareness and perhaps most importantly creativity. These activities provide a foundation that is applicable to every aspect of a child's development.

CLASSICAL BALLET SYLLABUS

Ballet is a system of physical discipline that fosters strength, flexibility, control and kinetic awareness. Ballet training builds a sleek, well-defined musculature and a high degree of articulation. Ballet teaches self-discipline, respect for others, and builds self-confidence. Ballet's principles of body control can improve performance in other dance forms and in other athletic activities. Learning ballet is not only a means of acquiring good posture, agility, and physical prowess—it is a means of acquiring an aesthetic sensibility, an appreciation for beauty and the hard work it takes to achieve it.

The NSB's eight-year syllabus in classical ballet provides training for the student who seeks enrichment and recreation through dance as well as the student with career aspirations. The program emphasizes a kinesthetic approach to movement through the understanding of anatomical principles and the dynamics of movement. In this way all children may learn to dance even though some body types are more suited to perform the classical vocabulary. A copy of the detailed curriculum is available in the office on request.

The progression of ballet training parallels the physical and mental development of growing children. Ballet training is begun when a child is eight years old and has the physical strength and the mental concentration to undertake its demands. During the first four years of

training children develop an understanding of how the body functions to accomplish basic technical elements and establish good working habits. Children who are allowed to undertake complicated steps before they have mastered basic principles will not develop a solid foundation for future training. At the intermediate level when the student has developed musculature and specific neuro-muscular responses it is possible to accelerate the acquisition of vocabulary. At advanced levels the mastery of the vocabulary is refined and emphasis is placed on stylistic presentation of the technique.

Pointe work is introduced at the intermediate level when students have developed sufficient strength in the foot to support the weight of the body. If undertaken too soon, before the bones in the foot have ossified sufficiently, pointe work could result in physical injury. Pointe work is an extension of the ballet technique and the student must have a thorough understanding of basic technique, posture and placement before it can be successfully undertaken.

Special work for boys is introduced at the intermediate level. There is a specific vocabulary of steps for the male dancer and it is necessary to develop the strength and skill to execute this vocabulary.

At the advanced level, students may undertake *pas de deux* or partner work which involves the male and female dancers working together in a highly coordinated fashion to create an integrated whole.

PLACEMENT

Students will be placed in classes that are appropriate for their level of physical and mental development. The NSB believes strongly in the need for children to work in a challenging learning environment with others of their own age and skill. Students ages 4-7 are placed in the class appropriate to their age. When they are 8 students may enroll in beginning ballet classes. Other students should arrange with the School Registrar for a placement class. This allows the teacher to assess the student's capabilities and places him or her at the appropriate level. Students advance through the program progressively. Skill and knowledge developed at a lower level is essential to success at a higher level.

STUDENT/INSTRUCTOR INTERACTION

The study of dance as an art form involves physical contact. Instructors will correct students using the “hands on” approach, a universally practiced technique of correcting a student’s body placement in terms of bones, muscles, and general alignment. This is comparable to instruction practiced in other physical activities such as gymnastics or swimming. Instructors may place their hands on the student to physically realign or correct body position with respect to proper dance technique. If students or their parent/ guardian feel uncomfortable with this, they and their parents/ guardians are encouraged to talk to the Artistic Director, their instructor, or the Executive Director.

PILATES PROGRAM

The NSB offers a program in the Classical Pilates Method of Body Conditioning. The system of conditioning developed by Joseph Pilates combines intense mental conditioning with physical training to produce a lean, lithe physique, proper body alignment, and balance. The System has two interrelated components: mat work—learning the basic Pilates exercises and concepts; and apparatus work—an enhancement of the mat work or in some cases, a means of therapeutic exercise to address specific injuries or weaknesses. Apparatus work is available to North Star Ballet Company and Junior Company Members by appointment.

SCHOOL FACULTY

Courtland Weaver, *Artistic Director*, was raised in Kaysville, Utah, where he studied ballet at Clytie Adams School of Ballet from the age of nine until he entered the University of Utah on the Willem F. Christensen Scholarship. He accepted an apprenticeship with the Pacific Northwest Ballet in 1981 and danced with that company under Kent Stowell and Francia Russell until 1988. He spent the next three years as a freelance artist, dancing with numerous companies throughout the western United States, as well as performing professional musical comedy as a member of Actors’ Equity Union. Mr. Weaver danced as a soloist with the Ballet of Los Angeles and Ballet Arizona. He choreographed works for several festivals and

attended Robert Redford's Sundance Institute Dance to Video workshop in 1988.

In 1991 he began dancing with Le Ballet du Rhin, the French national company of the Alsace region where he danced for two seasons. He returned to the U.S. and danced for the San Francisco Opera season in 1994. In 1996, he began teaching at several different private dance schools in the Basel/Mulhouse/Colmar region and continued dancing and choreographing with a small group of friends in a company called Art'maniac.

Mr. Weaver joined Alaska Dance Theatre in Anchorage September 2002, and was Associate Director from 2004-09. He has worked as Ballet Master for Anchorage Ballet for the past several years. He taught ballet and was Managing Director of Fidalgo DanceWorks in Anacortes, Washington from 2011-14.

Norman Shelburne, *Founding Artistic Director*, is a graduate of the University of Utah and a former member of Ballet West. He has danced professionally with Atlanta's Theater Under the Stars, the National Ballet in Washington, DC. and with the Norwegian National Ballet. He received his early training from Constance Hardinge in Bristol, Virginia. His teachers have included Ann Parson, David Howard, and Vera Volkova. He has served as Artistic Director of the Lexington Ballet in Lexington, Kentucky, as President of the Southeastern Regional Ballet Association and as a board member of the National Association for Regional Ballet. Mr. Shelburne is a Teacher for the NSB and is a Certified Pilates Instructor.

Wendy Walker, *Ballet Mistress*, began her early ballet training with the North Star Ballet under the tutelage of Norman Shelburne and Susan Perry. Ms. Langton went on to begin her professional career in 2007 with the Richmond Ballet, performing in classic and original productions for two seasons. Ms. Langton then worked with the Missouri Contemporary Ballet as a performance artist, where she also choreographed and set her own works on the company. In 2010 Wendy moved to Chicago to work as a freelance performer and instructor, training at places such as Hubbard Street and River North. Wendy also began to work with Siboney, a mambo company that blends ballroom, Latin, and Afro-Cuban influences. Ms. Langton returned to Fairbanks in

2011 to complete her Bachelors in Psychology at the University of Alaska Fairbanks while simultaneously creating hINge, a start-up contemporary company, and performing with Candela, a local Latin band. Upon returning to Fairbanks, Ms. Langton joined the North Star Ballet as a resident artist and part time faculty member, with her involvement increasing to full time faculty in August 2016.

Ruth Merriman, *Director of the Creative Movement Program and Pilates Instructor* holds an Associate Degree in Early Childhood Development from the University of Alaska. Her eclectic background in dance along with her research in the field of creative movement has led to the development of a unique program for children ages 4–8 that includes classes during the year and a themed summer Creative

Movement Dance Camp incorporating movement, visual arts, and dance history. Since 1997 Ruth has been running the popular Creative Movement Program and credits much of the program's success to raising her own four children. "Dance for young children should be a joyful experience in a positive, noncompetitive environment that enables children at all levels of ability to feel successful." Ms. Merriman has been a PMA Certified Pilates Instructor since 2015.

Sue Faulkner, *Pilates Instructor*, has undergraduate and graduate degrees from Princeton and UAF. She came to Alaska in 1984 as an educator with NOLS (National Outdoor Leadership School). Subsequently she was certified as a High School Running Coach and has worked with the West Valley HS running teams since 2004. She is also a XC ski coach and has served on local and statewide XC ski boards for over 10 years. Sue has been a marathon runner since 1984. Her daughters are also runners and skiers and one danced with the North Star Ballet for 10 years. Marathon running brought Sue to Pilates when she realized the tremendous overall health benefits that Pilates could provide for all levels of fitness. She has been a comprehensively certified PEAK Pilates Instructor since 2012.

THE NORTH STAR BALLET COMPANY

The North Star Ballet Company is a regional performing company that offers pre-professional stage experience to the career oriented dancer and performance opportunities to the

recreational dancer. The Company provides arts enrichment and recreation for the Interior annually through two major productions, *The Nutcracker* and a Spring Gala.

The Company has three levels of membership: Senior Company, Apprentice Company and Junior Company. Auditions are held at the beginning of each season, are publically advertised, and are open to any NSB student. Students in C2 and above may audition for the Senior and Apprentice Companies. Students in at least B2 may audition for the Junior Company. Placement is at the discretion of the Artistic Director and is based on ability, experience, and enthusiasm. Company members must sign a contract for the season. The contract outlines the responsibilities of company membership and the responsibilities of the Company to the dancer. Contracts are available in the office.

The NSB produces a full-length production of *The Nutcracker* for the Christmas season. This is a wonderful opportunity for children to be part of a large theatrical production, experience the excitement of working together to accomplish a common goal and enjoy the rewards of commitment.

Auditions are held each fall for children's roles in the production. There are roles for 80 children in two separate casts. Children must have passed their eighth birthday to be eligible for the audition. Every effort is made to include as many children as possible. Roles are cast according to ability and enthusiasm, but a major consideration also has to be that a child can fit into the costume for a role. If a child is not cast, it does not mean that he or she did not do well in the audition. It may simply be a matter of not being the right size that year. In that case we hope parents will encourage their child to audition again the following year.

The cost of producing *The Nutcracker* far exceeds ticket revenues thus a nominal performance fee is charged for each participant to help defray the costs. Parents are provided with

a rehearsal schedule and are also expected to volunteer time in preparation for or in running the production.

SCHOOL PROCEDURES

CLASS SCHEDULES

Class Schedules are available in the office and include tuition rates, a calendar of important dates, and a summary of school rules. The schedule is subject to change as classes without sufficient enrollment may be cancelled. Questions about the schedule or tuition payment should be directed to the School Registrar.

REGISTRATION & TUITION

Tuition is payable in advance at the beginning of the session. Special arrangements to pay otherwise may be made with the Registrar. Refunds will be made only in case of injury or extenuating circumstances. Requests for refunds should be addressed to the Registrar. For more information, consult the “Tuition Policies” available from the Registrar.

STUDENT ASSISTANTS

Student assistants help in all the creative movement classes and in the first two levels of ballet. Student assistants help the instructor in managing the class and demonstrate as needed. Under the supervision of an experienced teacher, student assistants gain valuable knowledge in working with young children, in the class syllabus, and in teaching methods. Students who have reached the C2 Level in Ballet may apply for assistant positions. Students are chosen on the basis of maturity, dependability and enthusiasm. Students who wish to participate in the program should contact the Director of the Creative Movement Program or the School Director before the end of the semester prior to the semester they wish to be involved. Student assistants earn tuition credit based on the number of classes they assist. Students are expected to be punctual, dressed appropriately and be prepared to work diligently.

SCHOLARSHIPS

The North Star Ballet School awards a number of tuition scholarships each year. Scholarship awards are available to C1 students and above

and are based on a student's financial need, physical suitability for ballet training, or special need for ballet training. Scholarship applications are due at the beginning of each school year. Applicants must fill out a scholarship application and provide a copy of their most recent Federal Income Tax Return. The Scholarship Committee reviews a student's scholarship application and financial information and in consultation with the Artistic Director, determines scholarship awards. Applications and further information are available in the office.

ACADEMIC COORDINATION

Many schools grant Physical Education credit or exemption for ballet instruction. Check with your academic advisors if this is of interest and speak to the Registrar to obtain necessary documentation. NSB encourages participation in PE activities.

PARENTS' WEEK

From experience we have learned that students make better progress without the distraction of observers. Because of the great influence a parent's opinion has on their child, their presence in class can be a distraction and may impede progress. Parents and friends are invited to observe classes during Parents' Week. Students are prepared for observers during Parents' Week and their presence then is of special importance to validate and reinforce progress.

CLASS DEMONSTRATION

As part of the course of instruction, students are expected to participate in the Class Demonstration at the end of the year. The demonstration is an opportunity for students to share their progress with others and to build stage presence and performance skills. The Class Demonstration provides a clear picture of the training process. Preparation for the class demonstration is done in class and it is important that students be in classes the weeks before the demonstration. The Class Demonstration involves one staging rehearsal at the theater prior to the actual demonstration. Parents are provided with information about the Demonstration and a schedule of the rehearsal. If a student can't participate, please inform the faculty.

TEACHER CONFERENCES

The NSB encourages parents to schedule individual conferences with the Executive Director, Artistic Director, or individual teachers whenever necessary. Any problem should be brought to the attention of the Executive Director promptly to ensure that each student's needs are addressed immediately and appropriately. Conferences should be scheduled through the School Registrar.

CLASS CANCELLATIONS

Any class without an enrollment of at least five students may be cancelled. The NSB will be closed if the temperature is 45 degrees below zero or colder as verified by calling 844 and when the North Star Borough School District closes school due to weather or travel conditions.

LIABILITY

Every precaution is taken to insure the safety of each student in the classroom. The NSB does not assume responsibility for injuries that may result from participation in classes or other activities associated with the School. Parents or students of legal age must sign a release of liability before registration will be accepted.

INJURIES & ILLNESS

In the event a student is injured in class, parents will be immediately contacted and informed of the injury. In the event of an emergency or serious injury, NSB staff will call 911 and parents will be notified immediately.

A student with any physical complaint should make the instructor aware of the problem before class. The instructor will be able to determine the extent to which a complaint may affect a student's participation and make recommendations. Minor problems may mean modifying class work temporarily or undertaking rehabilitative exercise. Certain minor problems may indicate the need for a physician's attention.

Please be considerate of the health of classmates and Instructors. If your child is ill please do not let them attend class. Call NSB to let

their instructor know. Don't let your child return to class until they are completely well.

LOST & FOUND/ BORROW BUREAU

NSB keeps a "borrow bureau" in the waiting area that contain items students may borrow in an emergency. Borrowed shoes should be returned immediately following class. Borrowed clothing should be returned clean and placed back into the clothing box as soon as possible.

Lost and found items are kept in baskets in the back hallway. All items will be donated to charity if not claimed by the end of each semester.

DRESSING ROOMS / LOCKERS/ CUBBIES

Coats, street clothes, street shoes, and school bags are to be kept in the dressing room during classes. Students may store these items in the cubbies or lockers that are provided in each dressing room, outside the studios, or in the hallway. Please make sure to retrieve only your own belongings when you leave.

PICKING UP STUDENTS AFTER CLASS

Parents are expected to pick up students promptly after classes. Please contact the School if you are delayed or anticipate a delay. The NSB is only responsible for students once they are in the building. Parents are responsible for their child entering and exiting the building safely. Children may not wait outside the building.

CODES OF CONDUCT

In order for NSB to achieve its goals we need and request the cooperation of everyone involved: the students, staff, and families. Everyone is expected to conduct themselves in a positive manner at all times. Negative behavior such as gossiping, yelling, fighting, stealing, destroying, or defacing property, being under the influence of drugs or alcohol, using profanity or offensive language, playing pranks or practical jokes, or engaging in horseplay, or being disrespectful or confrontational may result in disciplinary action including suspension and/or expulsion from the School. Possession or use of alcohol or tobacco or illegal possession or use of drugs at the NSB Studio or any

NSB function will not be tolerated. Weapons in the NSB building or at NSB functions are strictly prohibited.

STAFF

All staff will act honestly, professionally, objectively, positively, fairly, and, courteously when interacting with students, families, volunteers, and other staff. Each staff member will carry out his or her professional work with skill, care, and regard for the technical and professional standards expected of him or her.

PARENTS

We ask that parents:

- Respect the expertise and decisions of the NSB faculty and staff;
- Support your dancer - student at all times;
- Be courteous and respectful to staff, students, and other parents;
- Be aware of people who are around you. Young students are very sensitive. Negative comments or comments beyond your expertise can turn the most positive experience into a negative one. Instead, attempt to develop positive solutions and avoid gossip.

If you have concerns, see the Artistic Director or Executive Director, rather than discussing them with other parents.

STUDENTS

Attendance at Classes

Students **must** be on time for class. For safety reasons, instructors may require that late students not participate in class if, in the opinion of the instructor, the student is not physically prepared – warmed up – to participate. Only classes missed due to illness or extenuating circumstances may be made up. Make-up classes should be scheduled with the instructor.

Attendance at Rehearsals and Performances

Parents are provided with a schedule of rehearsals and performances for children participating in *The Nutcracker* or Spring Gala. Children must attend all scheduled rehearsals, costume fittings, and dress parade. Any child who misses a rehearsal for any reason except illness may be dropped from the cast. We cannot make exceptions. Children who are

ill will be excused, but we ask that you notify us before the rehearsal at 451-8800. Rehearsals will begin and end promptly. Please pick up your child immediately at the end of the scheduled rehearsal.

In the studio please

- Arrive in time to adequately prepare for class. Lack of proper warm-up could lead to injuries;
- Follow the NSB dress code;
- Use the bathroom **before** class, rehearsal or performance begins;
- Raise your hand to ask a question;
- Bring your dance supplies in your dance bag. Leave snacks in your dance bag – no eating or drinking in the studios, except closed containers of water;
- No cell phones allowed in the studio;
- Be respectful of the instructor and other students. Verbal or physical conduct that has the effect of creating an intimidating, hostile, or offensive environment for others will not be tolerated. Harassment or hazing of any sort is not allowed and will result in serious disciplinary action; and
- Enjoy your class!

Social Media

We expect each person to conduct themselves in a professional manner when referring to the North Star Ballet when using social media.

FREQUENTLY ASKED QUESTIONS

Ballet Shoes: Ballet shoes should fit snugly, but must not cramp the foot. The toes should be spread out completely within the shoe. Shoes that are too tight will hamper the ability of the foot to work properly. In shoes that are too large, the foot will slip. All ballet shoes must have an elastic sewn in to fit snugly across the ankle to keep the shoe on. To determine the position of the elastic, fold the back of the shoe downward to the inside sole. The elastic should be sewn in at the crease thus formed and at the angle of the fold. Because a child's foot is growing constantly, new shoes must be obtained periodically. Ask for help positioning the elastic if you have not done this before.

Pointe Shoes: When a student is ready to begin pointe work, Ms. Walker will provide all the information necessary to order the shoes. Shoes are ordered from an outside distributor. There are a wide variety of makers and styles, and shoes are selected according to the student's specific needs – the size, the type of shank (the reinforcement within the shoe), and the vamp (how high the shoe comes up on the foot in front). It may take several tries to achieve the proper shoe. New shoes must not be worn until Ms. Langton seen the student in the shoe and approved the fit.

Careers in Dance: The professional dance world is extremely competitive. Only a very small percentage of students taking dance classes will be able to successfully pursue a career as a professional dancer. A student's physical suitability, kinetic aptitude, musicality, and expressive talents are a few of the determining factors. There are, however, a number of ways that a student with a passion for dance can find a fulfilling career. Teaching, dance therapy, dance injury and nutrition, history and criticism, and photography are a few of these opportunities. Excellent training and performing opportunities are essential in any dance related field. At the NSB we do not discourage any student from pursuing their aspirations of being a professional dancer. We believe it is important for a student to discover and understand their own talents and limitations and to be able to make their own decision. This happens quite naturally as the student matures and it is extremely important to an individual's growth and happiness to follow their passion to its logical outcome. The faculty is always ready to provide advice to parents regarding a student's potential and progress.

The Company Call Board: The Call Board is a bulletin board next to the main entrance to the North Star Ballet School. The weekly rehearsal schedule and other important information are posted on the Call Board. This information may change from day to day as the artistic staff think necessary. Dancers in a professional company know to check the Call Board for the rehearsal schedule daily. Dancers in the North Star Ballet Company and Junior Company are expected to check the Call Board. While parents are welcome to check the Call

Board, it is the responsibility of each company member to know when they are to be present for rehearsal.

CREATIVE MOVEMENT PARENT FAQs.

What does my child wear to class?

Girls: black leotard, pink tights, and pink ballet shoes.

Boys: white t-shirt, black tights, and black or white ballet shoes with white socks. Please adhere to this dress code. Dance skirts, tutus and costume type attire can be very distracting to your child as well as other students. Hair should be securely fastened away from the face and neck. Jewelry may not be worn.

What can I do to prepare my child for class?

Please arrive on time and please ensure that your child has had the opportunity to use the restroom prior to class.

Can we watch class?

From experience we have learned that children make better progress without the distraction of parents in class. Parents and friends are invited to observe classes during parents' week. If your child needs additional assurance, you are welcome to walk them into class and leave when the teacher makes them feel comfortable.

Is regular attendance important?

Absolutely. As with any lesson, dance training proceeds through learning progressively complicated skills. Each class builds on the past as new dance concepts are introduced. Please inform the instructor if your child is unable to attend for any reason. It is important that your child arrive to class on time. The beginning of class is a vital opportunity for your child to feel part of our dance family through our warm up activities.

How will I know how my child is doing in class?

Your child's teacher is always available to discuss your child's progress and any concerns or comments that you may have. Instructors are usually available after class. If this is not convenient, you may contact the instructor by calling the North Star Ballet School at 451-8800.

If my child misses class, can they attend a makeup class?

To maintain a manageable class sizes, makeup classes are discouraged. However, if there is a family emergency or long illness the instructor will discuss a class makeup schedule with you. There are no makeup classes allowed in the Creative Movement Program.

SUPPORTING THE NORTH STAR DANCE FOUNDATION

VOLUNTEERING

The NSB and the North Star Ballet Company rely on volunteers to make its programs possible. Their dedication and hard work are absolutely essential to the success of the organization. A spirit of community, cooperation, and accomplishment has been the guiding force of volunteer activity associated with the NSB. Volunteers can help with chaperoning, costuming, performing events, fundraisers, housing guests, picking up artists at the airport, helping with transportation, receptions, and other possibilities. If you are interested in volunteering, please talk to someone in the office or go to: sites.google.com/site/northstarballetvolunteers/

CONTRIBUTIONS AND FINANCIAL SUPPORT

We work hard to integrate our mission with a solid and diversified income stream. We support a school of classical ballet and produce two performances each year sustained through a mix of revenue (ticket sales, tuition, and concessions), donations and fundraisers, government grants, and facilitated by almost 2,200 hours of service provided by 130 volunteers. We rely on contributions so that we can:

1) keep tuition to the Ballet School affordable for families; 2) keep ticket prices for performances at levels that young families can afford; and 3) provide scholarships and work-study opportunities to the ballet school each year.

As a 501(c)(3) educational charity, the NSB accepts contributions in any amount to help support our programs. Donors will receive a Tax Receipt. Donation forms are available in this Handbook, on line, or at the office.

SCHEDULE OF CLASSES

Creative Movement 4 & 5	T	3:00 – 4:00
	W	3:00 – 4:00
	S	12:30 – 1:30
Creative Movement 6 & 7	M	4:00 – 5:00
	S	1:30 – 2:30
Creative Dance 8*	F	4:00 – 5:00
	*or permission of instructor	
A1 (1 class per week)	M	5:00 – 6:00
	Sat	12:30 – 1:30
A2 (2 classes per week)	T, Th	4:30 – 5:30
B1 (2 classes per week)	T, Th	4:30 – 5:30
B2 (2 classes per week)	T, Th	5:30 – 6:45
C1	T, Th	5:30 – 7:00
C1 Pointe	T	7:00 – 8:00
C2/ D1	M	5:00 – 6:30
	W	4:30 – 6:00
	S	1:30 – 3:00
C2/ D1 Pointe	M	6:30 – 7:30
	W	6:00 – 7:00
D2	M	4:00 – 5:30
	W	4:30 – 6:00
	S	1:30 – 3:00
D2/ Pointe	M	5:30 – 6:30
	W	6:00 – 7:00
Contemporary 1	F	6:30 – 7:30
Contemporary 2	F	4:00 – 5:30
Pas (by permission)	F	6:30 – 7:30
Company, App Co. Pilates	F	5:30 – 6:30
Jr. Co. Pilates	T	4:30 – 5:30
Adult Ballet	T, W	7:00 – 8:30
Adult Ballet	Th	12:30 – 2:00

North Star Ballet Membership Form

Membership Levels – Membership is an annual donation that directly supports the North Star Ballet's education and performance opportunity programs.

Write in the amount you'd like to donate.

____ Family \$31 - \$99 Name _____
____ Friend \$100 - \$249 Address _____
____ Supporter \$250 - \$499 Address _____
____ Contributor \$500 - \$999 City _____ State _____ Zip _____
____ Patron \$1,000 - \$2,499 email _____
____ Benefactor \$2,500 and up

Additional Donation of \$_____ for: Education Program Nutcracker

Spring Gala Wherever it is needed most Building Fund

Please keep my contribution anonymous* **NSDF does not share or rent our mailing or e-mail lists*

Please send information about volunteering

Payment Method: check (payable to NSDF) Visa Mastercard Bill Me

Signature _____

Credit Card No: _____ Exp. Date: _____ 3-digit security code: _____

The North Star Ballet

1755 Westwood Way #1

Fairbanks, Alaska 99709